

## NEBRASKA CHRISTIAN VOLLEYBALL CAMP

Nebraska Christian will be offering a volleyball camp for girls entering grades 3-8.

It will be held in the NC gym on Monday, June 11<sup>th</sup> thru Wednesday, June 13<sup>th</sup> .

The camp will run from 9-10:30 am each day for 3-5<sup>th</sup> graders

And 9-11 am each day for 6-8<sup>th</sup> graders.

The cost of the camp is \$25 which includes a tshirt, instruction, and snacks.

The camp will concentrate on the basic fundamentals of volleyball which include serving, passing, setting and hitting.

Players will need court shoes, kneepads, and a water bottle.

Questions? Call or text Tonya Ostrand @ 402-984-9819.

Please feel free to make copies and hand them out to persons that might be interested!

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Name

Grade in Fall 2018

T shirt size youth S (7-8) M (10-12) L (14-16)

Adult S M L XL

Please return forms to myself or the office by May 1, 2018. Forms will be accepted after this date, but a tshirt will not be guaranteed.